

BAKING + MOLASSES

CROSBY'S



SINCE 1879

# GINGERBREAD FAVOURITES

Volume 3

*Crosby's*

SOMETIMES SLOW  
IS A GOOD THING



# COOKING WITH CROSBY'S FANCY MOLASSES

There's an appealing nostalgia around molasses. The word alone is rich with memories of cozy kitchens and warming food: a slice of gingerbread with butterscotch sauce, warm buttery biscuits drizzled with molasses, crispy gingersnaps dunked in hot cocoa. The recipes we have gathered in this cookbook are intended to help you recall (and perhaps recreate) those happy times. Inside you'll find gingerbread favourites from long ago and new discoveries that we can't resist. All delicious and wholesome, rich with the sweet flavor of Fancy Molasses.

*Crosby's Molasses Kitchen*



*Crosby's has been importing the world's finest molasses for over one hundred years and takes pride in being one of the world's largest importers of Fancy Molasses. We are committed to maintaining the highest standards of quality and service in all of our fine food products.*

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November 2018 Crosby Molasses Company Limited*

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A close-up photograph of several dark brown, moist buttermilk gingerbread muffins. Two muffins in the foreground are topped with a dollop of white butter. They are resting on a colorful, patterned cloth. A silver butter knife is placed on the cloth next to the muffins.

## BUTTERMILK GINGERBREAD MUFFINS

# BUTTERMILK GINGERBREAD MUFFINS

10-12 MUFFINS

Preheat oven to 375°F. Prepare muffin pan.

In a large bowl, whisk flours with sugar, baking soda, spices and salt. In another bowl, lightly beat the egg then whisk in the oil and molasses. When well combined whisk in the buttermilk.

Make a well in the dry ingredients and pour in the egg mixture. Stir gently until just combined taking care not to overmix.

Spoon into prepared pan. Sprinkle with coarse sugar, if using.

Bake for 15-20 minutes until the tops spring back when lightly touched.

Best eaten within a couple of days. Can be frozen up to three months.

*1½ cups whole wheat flour  
¾ cup all-purpose flour  
2½ tsp baking soda  
½ cup brown sugar  
1 Tbsp ground ginger  
1 tsp cinnamon  
¼ tsp cloves  
½ tsp salt  
1 egg  
½ cup grape seed oil (or vegetable oil)  
½ cup Crosby's Fancy Molasses  
¾ cup buttermilk  
Coarse sugar for sprinkling (optional)*

A photograph of three golden-brown healthy gingerbread muffins. They are served on a white plate with a blue floral pattern. The plate is set on a green surface.

## HEALTHY GINGERBREAD MUFFINS

# HEALTHY GINGERBREAD MUFFINS

ADAPTED FROM PINCH OF YUM  
MAKES 12 MUFFINS

Preheat the oven to 375°F. Grease a muffin tin or line with paper liners.

In a medium bowl, whisk the oil, molasses and honey. Whisk in the egg then yogurt and milk.

In another bowl combine the flours, baking soda, salt and spices.

Add wet to dry ingredients and stir gently just until combined. (Batter will be lumpy).

Spoon batter into muffin tins and sprinkle with coarse sugar (if using).

Bake for 15 to 20 minutes. (Muffins baked in a dark pan will cook more quickly). Let cool in tins for about 10 minutes before removing to a cooling rack.

*½ cup oil or melted butter  
½ cup Crosby's Fancy Molasses  
½ cup honey or maple syrup  
1 egg  
½ cup yogurt or sour cream  
½ cup milk  
1½ cups flour (spooned in)  
1 cup whole wheat or spelt flour (spooned in)  
1½ tsp baking soda  
¼ tsp salt  
1 tsp cinnamon  
1 teaspoon ground ginger  
Coarse sugar for topping (optional)*



## GINGERBREAD WHOOPIE PIES



## GINGERBREAD WHOOPIE PIES

In a medium bowl whisk flour, ginger, cinnamon, nutmeg, baking soda, and salt

In a large bowl beat butter and brown sugar until light and fluffy. Add molasses, egg, and vanilla – beat until well combined. Gradually add the flour mixture until well combined. Cover in plastic wrap and refrigerate for 4 hours – or ideally, overnight.

Preheat oven to 350°F. Scoop the dough into 1 1/2-inch balls and roll in granulated sugar. Place 2 inches apart on parchment baking sheets.

Bake 12-14 minutes or until set. Cool before sandwiching with frosting.

### SIMPLE BUTTER FROSTING:

Beat the butter with half a cup of the icing sugar.

Stir in 1/2 Tbsp of the cream and the vanilla.

Add remaining icing sugar and beat until smooth, adding additional milk if required.

*3 cups flour, spooned in*  
*2 tsp ginger*  
*2 tsp cinnamon*  
*1/4 tsp nutmeg*  
*1 tsp baking soda*  
*1/4 tsp salt*  
*3/4 cup butter, softened*  
*3/4 cup firmly packed brown sugar*  
*1/2 cup Crosby's Fancy Molasses*  
*1 egg*  
*1 tsp vanilla*  
*1/2 cup sugar, for rolling (optional)*  
**Simple Butter Frosting:**  
*1/4 cup butter, softened*  
*1 1/2 cups icing sugar, sifted*  
*1/2 to 1 Tbsp milk or cream*  
*1 tsp vanilla*

## BUTTERMILK GINGERBREAD

ONLY SLIGHTLY ADAPTED FROM CHOW

Heat oven to 350°F. Line a 9-inch-by-5-inch loaf pan with parchment paper or grease and flour it.

In a medium bowl whisk flours, baking soda, salt and spices. In another bowl whisk the buttermilk and vanilla.

In a large bowl beat the butter and brown sugar. Beat in molasses then eggs, one at a time.

Add flour mixture in three additions, alternating with the buttermilk mixture (beginning and ending with the flour mixture.)

Scrape batter into prepared pan, smooth the top and bake for 50-60 min, until a tester inserted in the middle comes out clean.

Cool in pan for 10 minutes then invert onto a rack.

Cut into 1" slices and serve with warm lemon sauce.

### WARM LEMON SAUCE

In a saucepan over medium heat whisk the cornstarch and salt in to the sugar. Whisk in the water.

Bring to the boil and let simmer for 15 to 20 minutes until it begins to thicken.

Stir in lemon juice, lemon rind and butter and pour over warmed slices of gingerbread.

*1 cup all-purpose flour*  
*1/2 cup whole wheat pastry flour*  
*1/2 tsp baking soda*  
*1/4 tsp salt*  
*1 1/2 tsp ginger\**  
*1 tsp cinnamon\**  
*1/4 tsp nutmeg\**  
*1/4 tsp cloves\**  
*1/2 cup buttermilk\*\**  
*2 tsp vanilla*  
*1/2 cup butter, room temperature*  
*1 cup packed dark brown sugar*  
*1/2 cup Crosby's Fancy Molasses*  
*2 eggs*  
\*Can substitute 3 tsp of your favourite spice blend  
\*\*Can substitute buttermilk with an equal amount of unsweetened yogurt. Or, make your own by mixing 1/2 cup of milk (minus half a Tbsp) with 1/2 Tbsp of either vinegar or lemon juice. Let the milk sit for a few minutes, until thickened.  
**Warm Lemon Sauce**  
*3/4 cup sugar*  
*1 1/2-2 Tbsp cornstarch*  
*1/4 tsp salt*  
*1 3/4 cups water*  
*Zest of a lemon*  
*3 Tbsp lemon juice*  
*1 Tbsp butter*

## BUTTERMILK GINGERBREAD







### ORANGE SPICE GINGERBREAD CAKE

## ORANGE SPICE GINGERBREAD CAKE

Preheat oven to 350°F and line a 9"x9" pan with parchment paper.

In a medium bowl, whisk together flour, baking soda, baking powder, salt and spices.

In a large bowl cream butter and sugar then beat in egg and molasses. Stir in orange zest.

Gradually stir the dry ingredients into the creamed mixture. Stir in the hot water.

Pour into a prepared pan.

Bake at 350 until a tester comes out clean, 40-45 minutes.

*½ cup of white sugar  
½ cup of butter, softened  
1 egg  
1 cup of Crosby's Fancy Molasses  
Zest of 1-2 oranges  
2 ½ cups of flour (spooned in)  
1 ½ tsp baking soda  
1 tsp baking powder  
½ tsp salt  
1 tsp cinnamon  
1 ½ tsp ginger  
¼ tsp cloves  
¼ tsp cardamom  
1 cup of hot water*



### FANNY FARMER SOUR CREAM GINGERBREAD

## FANNY FARMER SOUR CREAM GINGERBREAD

Preheat oven to 350°F.

Grease and flour an 8"x8" baking pan or line it with parchment paper.

Beat eggs well. Add sour cream, molasses and sugar.

Whisk flour with baking soda and ginger and stir into the egg mixture. Add butter and beat well.

Pour into prepared pan and bake for 30 minutes or until the top springs back when lightly pressed and the edges start to pull away from the sides of the pan.

*2 eggs  
½ cup sour cream or Greek yogurt  
½ cup Crosby's Fancy Molasses  
½ cup brown sugar  
1 ½ cups flour  
(can use half whole wheat)  
1 tsp baking soda  
1 tsp ginger (or a blend of your favourite gingerbread spices)  
½ cup melted butter*





## STICKY UPSIDE DOWN APPLE GINGERBREAD

## STICKY UPSIDE DOWN APPLE GINGERBREAD

Preheat the oven to 325°F.

Put the 1 Tbsp and 1 tsp of butter in a high-sided 9" pan and place it in the oven for a few minutes, until the butter melts. Remove it from the oven and use a pastry brush to coat the sides of the pan with the butter. Sprinkle the 2/3 cup of brown sugar over the melted butter in the bottom of the pan. Place the sliced apples on the sugar in a circular pattern.

In a medium bowl whisk the flour with the baking soda, baking powder and spices.

In a large bowl whisk the eggs with the 1/2 cup brown sugar. Whisk in the molasses and 3/4 cup melted butter. Stir in the flour mixture. Add boiling water last and beat well.

Pour into prepared pan.

Bake at 325°F for 60-75 minutes, until the middle is set. (The variety and freshness of your apples will affect cooking time.)

### **For the topping (which begins as the bottom):**

4 apples, peeled, cored and  
cut into 8 wedges each

1 Tbsp + 1 tsp butter

2/3 cup light brown sugar

### **For the cake:**

2 1/3 cups flour

2 tsp baking soda

1/2 tsp baking powder

1/2 tsp salt

3/4 tsp ginger

1 1/4 tsp cinnamon

1/2 tsp nutmeg

1/8 tsp cloves

2 eggs, beaten

1/2 cup light brown sugar

3/4 cup Crosby's Fancy Molasses

3/4 cup melted butter

1 cup boiling water



## ONE-BOWL GINGERBREAD CAKE FOR A CROWD

Preheat oven to 350°F and grease a 9" x 13" pan or line it with parchment paper.

In a large bowl beat butter with sugar. Beat in eggs then molasses. Beat in water.

Sprinkle over the flour, spices, baking soda and salt and beat until smooth.

Pour into prepared pan and bake until a tester comes out with just a few moist crumbs attached, about 45 minutes to an hour. Serve with cinnamon whipped cream.

2 1/2 cups flour

2 tsp cinnamon

2 tsp ginger

1 tsp baking soda

1/4 tsp salt

1/2 cup butter, softened

1 cup sugar

2 eggs

1 cup Crosby's Fancy Molasses

1 cup boiling water



## CHOCOLATE GINGERBREAD BUNDT CAKE

Preheat oven to 350°F. Grease a 9 or 10-in. bundt or tube pan and dust with flour.

In a medium bowl, whisk together the flour, cocoa, baking powder, baking soda, ginger, cinnamon, salt, nutmeg and cloves.

In another bowl, beat butter and sugar until light and fluffy. Beat in eggs one at a time. Beat in molasses and vanilla.

Add the dry mixture to the creamed mixture in three additions, alternating with the sour cream (beginning and ending with the dry mixture).

Scrape batter into prepared pan and smooth the top. Bake 50 minutes to an hour, until a tester comes out clean when inserted into centre of cake and when the cake starts to pull away from the sides of the pan.

Cool cake in pan for 10-20 minutes, then invert onto a cooling rack. When ready to serve, sprinkle over icing sugar.

*3 cups flour, spooned in*  
*3 Tbsp cocoa powder*  
*2 tsp baking powder*  
*1 tsp baking soda*  
*1 Tbsp ginger*  
*2 tsp cinnamon*  
*½ tsp salt*  
*¼ tsp nutmeg*  
*¼ tsp cloves*  
*¾ cup butter, room temperature*  
*1 ½ cups sugar*  
*3 eggs*  
*½ cup Crosby's Fancy Molasses*  
*1 tsp vanilla*  
*2 cups sour cream*

## MOLASSES TOFFEE SAUCE

Melt the butter, brown sugar and molasses in a heavy bottom medium size pot. (The pot needs to be tall enough to allow for foaming.)

When the mixture is incorporated, slowly add the cream.

Boil rapidly for 5 minutes.

Remove from the heat and add the vanilla.

*½ cup butter*  
*½ cup lightly packed brown sugar*  
*3 Tbsp Crosby's Fancy Molasses*  
*1 cup plus 3 Tbsp 35% cream*  
*1 tsp pure vanilla*



## GINGERBREAD SPICED ALMONDS



## GINGERBREAD SPICED ALMONDS

In a medium saucepan over medium heat melt the butter with molasses, sugar, spices and salt.

Stir to combine and continue to stir until sugar has dissolved.

When mixture starts to bubble add nuts and stir until well coated.

Turn nuts onto a parchment lined baking sheet, spread in a single layer, and bake at 300°F until nuts are nicely toasted, about 20 minutes.

Stir from time to time while baking and begin testing after 15 minutes or so (you don't want the nuts to get too brown).

Cool and break into pieces. Store in an airtight container for up to two weeks.

*1 Tbsp butter  
2 Tbsp Crosby's Fancy Molasses  
1 Tbsp sugar  
1 ½ tsp ginger  
1 ½ tsp cinnamon  
¼ tsp cloves  
Pinch cayenne or a few grinds  
of black pepper  
½ tsp salt  
2 cups raw almonds  
(or your favourite nut)*

## WHITE CHOCOLATE GINGERBREAD FUDGE

Line an 8" pan with parchment paper, leaving a little overhang. In a medium heavy bottomed saucepan over medium-low heat, combine sweetened condensed milk and 3 cups of the white chocolate chips. Stir until the chocolate chips have melted. Stir in the tablespoon of heavy cream and the vanilla.

Pour half of this mixture into a smaller saucepan and place it over medium-low heat. (Set remaining aside.) Stir in the remaining 1/4 cup of white chocolate chips, molasses and spices. Stir until chocolate has melted.

You will now have two mixtures: gingerbread and plain white chocolate.

Beginning with the plain white mixture, spread a thin layer in the bottom of the lined baking pan. (If it's too thick, rewarm before pouring into the bottom of the baking pan.) The white mixture is firmer so must be used as the base of the fudge.

Drizzle some gingerbread mixture on top, followed by more white mixture and continue alternating until both mixtures are used up. Use a butter knife or wooden skewer to swirl the two mixtures together.

Refrigerate until firm (about five hours) and cut into one-inch pieces. Store in an airtight container for up to two weeks, or freeze (double wrapped) for up to two months.

*14 ounce (396g) can sweetened  
condensed milk (not lite)  
3 and ¼ cups (585g) white chocolate  
chips, divided  
1 Tbsp heavy cream  
1 tsp vanilla extract  
3 Tbsp Crosby's Fancy Molasses  
1 tsp cinnamon  
½ tsp ginger  
¼ tsp nutmeg  
¼ tsp allspice*

## WHITE CHOCOLATE GINGERBREAD FUDGE







## HOT MILK WITH GINGERBREAD SPICES AND MOLASSES

## HOT MILK WITH GINGERBREAD SPICES AND MOLASSES

In a small pot bring the milk to a simmer.

Remove from the heat and whisk in the molasses and spices.

Pour into your favourite cup.

Makes one serving.

*1 cup of milk (can use coconut milk)  
1 Tbsp Crosby's Fancy Molasses  
Generous pinch of gingerbread spices*



## GINGERBREAD LATTE WITH MOLASSES

## GINGERBREAD LATTE WITH MOLASSES

ONE SERVING

In a mug stir together the coffee, molasses and spices.

Bring the milk to a simmer, either on the stovetop or in a microwave.

Froth the milk with a whisk or frother.

Pour frothed milk over the coffee, sprinkle lightly with gingerbread spices and serve.

*½ cup espresso or strong coffee  
½ Tbsp Crosby's Fancy Molasses  
¼ tsp or a generous pinch  
gingerbread spices (recipe below)  
½ cup milk*

### GINGERBREAD SPICE BLEND

Blend spices and store in a cool, dry place.

***Gingerbread Spice Blend**  
2 tsp ginger  
2 tsp cinnamon  
½ tsp allspice  
¼ tsp nutmeg  
½ tsp cloves*





Nutrition Facts Valeur nutritive	
Per 1 tbsp (20 g) / pour 1 c. à soupe (20 g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 60	
<b>Fat / Lipides</b> 0 g	<b>0 %</b>
Saturated / saturés 0 g	
+ Trans / trans 0 g	<b>0 %</b>
<b>Cholesterol / Cholestérol</b> 0 mg	<b>0 %</b>
<b>Sodium / Sodium</b> 0 mg	<b>0 %</b>
<b>Potassium / Potassium</b> 190 mg	<b>5 %</b>
<b>Carbohydrate / Glucides</b> 15 g	<b>5 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 13 g	
<b>Protein / Protéines</b> 0.2 g	
Vitamin A / Vitamine A	<b>0 %</b>
Vitamin C / Vitamine C	<b>0 %</b>
Calcium / Calcium	<b>2 %</b>
Iron / Fer	<b>6 %</b>
Riboflavin / Riboflavine	<b>25 %</b>
Vitamin B <sub>6</sub> / Vitamine B <sub>6</sub>	<b>4 %</b>
Magnesium / Magnésium	<b>4 %</b>
Copper / Cuivre	<b>2 %</b>
Manganese / Manganèse	<b>4 %</b>

### Fancy Molasses

Fancy Molasses is the highest grade of molasses. It's made from pure sugarcane juice that has been inverted into a syrup (not unlike the maple syrup-making process). Fancy molasses is tangy sweet in flavor. It contains no additives, is unsulfured, gluten-free and non-GMO. Our fancy molasses is considered a source of iron and a good source of riboflavin.

## MOLASSES 100% NATURAL

- Tasty & nutritious
- Made from pure sugarcane
- A source of iron, magnesium and potassium
- No preservatives
- Gluten free
- Non-GMO

## MORE ABOUT OUR MOLASSES



### Cooking Molasses

Cooking molasses is a blend of blackstrap and fancy molasses. It is thicker and darker than fancy molasses – less sweet, with a more “full-flavoured” taste. Any product made with cooking molasses will have a much more robust “molasses” flavour than if fancy molasses is used.



### Blackstrap Molasses

Blackstrap molasses is a nutrient-rich product with a robust, bitter-tart flavor. Crosby's blackstrap is a byproduct of the raw sugar manufacturing process. It is nutrient dense and is considered a good source of iron and magnesium and an excellent source of riboflavin and potassium. It is also considered a source of calcium, selenium, vitamin B6, manganese and copper.



### We Don't Add Sulfur

Crosby's fancy molasses is unsulfured.



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**FOR MORE GREAT RECIPES AND  
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